



OFFICIAL AFFILIATE  
NATIONAL  
INTERSCHOLASTIC  
CYCLING ASSOCIATION

10115 E Bell Rd, Ste 107 #210  
Scottsdale, AZ 85260  
www.arizonamtb.org

## Race No 4

### McDowell Mountain Regional Park

16300 McDowell Mountain Park Dr

MMRP, AZ 85268

Saturday & Sunday, Oct. 19-20

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## Course Preview

The rolling Sonoran Desert trails at the Competitive Track at McDowell are comprised of swooping turns and short steep inclines and descents. The course travels counterclockwise and starts/finishes in the Competitive Track parking lot.

**HIGH SCHOOL COURSE:** The Sport Loop – Technical Loop combination form the 5.6 mile counterclockwise course and climbs approximately 435 feet per lap. All riders will be required to take the “The Ledge” bypass.

**MIDDLE SCHOOL COURSE:** The 3 mile Sport Loop course climbs approximately 175 feet per lap.

## [INTERACTIVE COURSE MAP](#)

## Pre-Ride

The course will be open for pre-ride Saturday (10:00 a.m. – 2:30 p.m.) and Sunday morning (6:00 a.m. – 7:30 a.m.). We recommend all riders pre-ride the course, and bring a map, plenty of water, cell phone and not ride alone. Please pass course workers with great care.

## Neutral Support

Mechanics from Trek Bicycle Store of West Phoenix will be on hand to provide free mechanical assistance for any student-athlete with an emergency. Spare parts are also available for sale at the neutral support tent. Student-athletes are expected to come to each race with a fully functional, race ready bicycle. Coaches and adults are not given priority at the neutral support tent.

## Volunteer at Our Events

We’re always looking for a few extra hands at our races! Want to help set up the course or lend some assistance with staging, the feed zone or course marshaling on race day? We’d love to have your help and it’s a great opportunity to see a few different sides of how our races operate. Sign up at [SignUp.com](http://SignUp.com).

## DIRECTIONS

McDowell Mountain Regional Park is located at 16300 McDowell Mountain Park Dr, Fort McDowell, AZ 85264 (480-471-0173). From central Phoenix, take Loop 202 east to Beeline Hwy (SR 87). Continue northeast on SR 87 to Shea Blvd. Travel west on Shea Blvd to Saguaro Blvd; turn north. Continue through Fountain Hills to Fountain Hills Blvd; turn right and travel four miles to the park entrance. Once inside the park, the entrance to the Competitive Track will be on the left, just past the park entry station.

## PARKING

Parking will be available in the Four Peaks Staging Area (a.k.a., Competitive Track overflow lot). Riders and teams will be allowed to enter the Competitive Track lot for unloading and loading only. NO PARKING ALLOWED IN THE PIT ZONE.

## SCHEDULE AT A GLANCE

### Saturday

10:00 a.m. – 2:30 p.m.	Pre-Ride – All Registered Riders & Licensed Coaches
1:15 p.m.	Coaches Meeting
2:30 p.m.	Middle School Boys Race
4:00 p.m.	Middle School Girls Race
5:15 p.m.	Awards

### Sunday

6:00 a.m. – 7:30 a.m.	Pre-Ride – High School Only & Licensed Coaches
6:45 a.m.	Coaches Meeting
8:00 a.m.	HS Boys Freshman Race
9:15 a.m.	HS Boys JV2 Race
10:30 a.m.	HS Girls Race
12:15 p.m.	HS Boys Varsity/JV1 Race
3:00 p.m.	Awards

## Race Categories & Wave Start Times

	Category (Race Numbers)	Start Time	Laps	Distance
<b>SATURDAY</b>	<b>WAVE 1</b> – staging will begin at 2:15 p.m.			
	Boys 8 <sup>th</sup> Grade – Odd Numbers (Red Plates 5001-5249)	2:30 p.m.	2	6 Miles
	Boys 8 <sup>th</sup> Grade – Even Numbers (Red Plates 5000-5248)	2:35 p.m.	2	6 Miles
	<b>WAVE 2</b> – staging will begin at 3:00 p.m.			
	Boys 7 <sup>th</sup> Grade – Odd Numbers (Yellow Plates 6001-6249)	3:15 p.m.	2	6 Miles
	Boys 7 <sup>th</sup> Grade – Even Numbers (Yellow Plates 6000-6248)	3:20 p.m.	2	6 Miles
	Boys 6 <sup>th</sup> Grade (Blue Plates 7000-7249)	3:25 p.m.	2	6 Miles
	<b>WAVE 3</b> – staging will begin at 3:45 p.m.			
	Girls 8 <sup>th</sup> Grade (Red Plates 500-599)	4:00 p.m.	2	6 Miles
	Girls 7 <sup>th</sup> Grade (Yellow Plates 600-699)	4:05 p.m.	2	6 Miles
	Girls 6 <sup>th</sup> Grade (Blue Plates 700-799)	4:10 p.m.	2	6 Miles
<b>SUNDAY</b>	<b>WAVE 1</b> – staging will begin at 7:45 a.m.			
	Boys Freshman Boys – North Conf. (Blue Plates 4500-4749)	8:00 a.m.	2	11.2 Miles
	Boys Freshman – Central Conf. (Yellow Plates 4250-4499)	8:05 a.m.	2	11.2 Miles
	Boys Freshman – South Conf. (Red Plates 4000-4249)	8:10 a.m.	2	11.2 Miles
	<b>WAVE 2</b> – staging will begin at 9:00 a.m.			
	Boys JV2 – North Conf. (Blue Plates 3500-3749)	9:15 a.m.	2	11.2 Miles
	Boys JV2 – Central Conf. (Yellow Plates 3250-3499)	9:20 a.m.	2	11.2 Miles
	Boys JV2 – South Conf. (Red Plates 3000-3249)	9:25 a.m.	2	11.2 Miles
	<b>WAVE 3</b> – staging will begin at 10:15 a.m.			
	Girls Varsity (White Plates 100-199)	10:30 a.m.	3	16.8 Miles
	Girls Junior Varsity 1 (Red Plates 200-299)	10:35 a.m.	2	11.2 Miles
	Girls Junior Varsity 2 (Yellow Plates 300-399)	10:40 a.m.	2	11.2 Miles
	Girls Freshman (Blue Plates 400-499)	10:45 a.m.	2	11.2 Miles
	<b>WAVE 4</b> – staging will begin at 12:00 p.m.			
	Boys Varsity (White Plates 1000-1099)	12:15 p.m.	4	22.4 Miles
	Boys JV1 – North Conf. (Blue Plates 2500-2749)	12:20 p.m.	3	16.8 Miles
	Boys JV1 – Central Conf. (Yellow Plates 2250-2499)	12:25 p.m.	3	16.8 Miles
	Boys JV1 – South Conf. (Red Plates 2000-2249)	12:30 p.m.	3	16.8 Miles

Note: Independent riders compete in the South Conference in split fields (Boys Freshman, Junior Varsity 2 and Junior Varsity 1).

## Chip Timing

All racers will receive a permanent number plate with chip timing transponder on the backside. Racers will use this plate for all five races so please remove this number plate before mounting the bike on a roof rack to prevent loss. Replacement number plates will be available at the registration tent for \$25.

## Coaches Meeting

Coaches, this is where you'll get information about the race day, such as risk management, race conditions and anything else vital that we need to share with you. Sometimes we need to make changes due to weather or other circumstances so it's important you're at the meeting to keep your team and riders informed! The meetings will begin Saturday at 1:15 p.m. and Sunday at 6:45 a.m. at the league trailer.

## Registration Information

Online registration via the [Pit Zone](#) only. **NO ONSITE REGISTRATION.** Online registration closes at 11:59 p.m. on Wednesday, October 16. All riders must be invited to register in the Pit Zone. Contact your team director to be invited; independent riders contact League Director [Mike Perry](#). For questions regarding the Pit Zone, contact [registration services](#).

In order to race, you must meet Race Ready status.

- ✓ Pit Zone profile completed
- ✓ Release forms signed electronically in the Pit Zone
- ✓ League and race registration fees paid

## 2019 Racing Fees

	High School	Middle School	Deadline
League Registration Fee (annual)	\$100	\$100	September 4, 2019
Race Package (all 5 races at 50% discount)	\$150	\$100	August 21, 2019
Individual Race Registration (per race)	\$60	\$40	Wednesday Prior to Race

## Team Conferences

Teams are divided into conferences based on the following counties for the 2019 season. Please check with your coach to confirm your conference if you have any questions. Independent riders will compete in the South Conference in split fields (Boys Freshman, Junior Varsity 2 and Junior Varsity 1).

North Conference	Central Conference	South Conference
Teams located in the following counties: Apache, Bernalillo (NM), Coconino, Gila, McKinley (NM), Mohave, Navajo, Yavapai	Teams located in Maricopa County	Teams located in the following counties: Cochise, Graham, Grant (NM), Greenlee, LaPaz, Pima, Pinal, Santa Cruz, Yuma <b>PLUS</b> all independent riders

## Food & Beverage Services

Concessions will be available onsite from Singlespeed Coffee Roasters and Dough Broughs Wood Fired Pizza.

## Accommodations

Camping is available on site and reservations are recommended. Camping in the Four Peaks Staging Area (a.k.a., Competitive Track overflow lot) is \$22 per night; it's considered "semi-developed" camping, with restrooms, picnic tables, and grills immediately available. The fee for developed campsites is \$32 per night and includes electrical/water hookups, dump station access, restrooms, picnic tables and grills. One RV or two tents per spot. The park's camping policies state no more than eight people per site and the campground hosts will be checking. The \$7 park entry fee is waived for campers. Visit Maricopa County Parks' [website](#) to make your reservation.

## Other Important Notes

- ✓ Park entry fee \$7 per vehicle; exact change is appreciated.
- ✓ No gasoline generators and no open flames inside the team pit area.
- ✓ Keep dogs on leashes at all times.
- ✓ Dispose garbage in dumpsters provided.
- ✓ Review our [weather and refunds policy](#).
- ✓ **We hope you will stay after the race for the award ceremony!**

## Contacts

### LEAGUE DIRECTOR

Mike Perry

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### REGISTRATION MANAGER

Chrissy Shumaker

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### VOLUNTEER COORDINATOR

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