

2017 Arizona League Leaders' Summit

Saturday – Agenda

8:00-8:30	Check-In and Breakfast
8:30-8:45	Welcome and Introduction
8:45 – 9:15	2016 Review and 2017 Update
9:15 – 10:00	Review of Coach Licensing Levels, NICA Student-Athlete Coaching Philosophy, Risk Management and Introduction to the Coach Supporter
10:15 -10:00	How to Start and Manage an Interscholastic Cycling Team/Club In Your League
11:00 –12:00	Sponsorship, Fundraising, and Team Management
12:00-1:00	Lunch
1:00-2:00	Establishing a Positive NICA-Centered Team Culture
2:00 – 3:00	Working with the NICA Student-Athlete FUNdamental, Adventure and Performance
3:15-4:15	How to Recruit, Coach and Work with Female Student-Athletes
4:15-4:45	Wrap- Up
4:45	Optional Group Ride



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Sunday – Agenda

8:00-8:30	Check-In and Breakfast
8:30-9:15	Season Planning and Communication
9:15-10:00	Designing an Effective Practice Structure
10:15-11:00	NICA Event Ready!
11:00-12:00	How to Start and Manage an Interscholastic Cycling Team/Club In Your League
12:00-1:00	Lunch
1:00-4:30	On-the-Bike Skills Clinic
4:30-4:45	Closing/Distribution of Certificates of Completion
4:45	Optional Group Ride

Important Notes

- Leaders' Summit registration fee includes light breakfast and two meals (Saturday breakfast through Sunday lunch). Please note any specific dietary needs using the online registration process.
- Prerequisite onboarding training - required training to be completed before Leaders' Summit
 - o [NICA Student-Athlete Coaching Philosophy](#)
 - o [Risk Management 1 for 2017](#)
 - o [NICA Coach Licensing and Registration for 2017](#)
- We recommend wearing flat pedals for all 'On-The-Bike' skills sessions if you are not comfortable with clipless, yet. Helmets and mountain bikes are mandatory for On-the-Bike Skills Training and group ride activities.
- You will be provided with a *NICA Coach Manual* and *Teaching Mountain Bike Skills* manual as part of your registration fees. All other summit materials will be provided in an electronic format. You may view them using a digital device during the summit or print the materials ahead of time to bring with if you prefer.

